

The Spa at Rookery Manor Spa Days

Take time out to relax and unwind in the luxurious surroundings of The Spa at Rookery Manor. All of the following spa day offers include robe and towel hire and use of our facilities.

Time to spa day £30

Drift away for an entire day with use of our facilities from 10am-5pm and complementary hot or soft drink.

Tea and time out spa day £70

Treat yourself to a delicious afternoon tea and a fabulous day out in the spa with your choice of 1 x 25 minute treatment. Choose from – Swedish décolleté, face and scalp massage, Swedish back, neck and shoulder massage, Relaxing foot treatment, Indulgent hand treatment

Drift away spa day £105

Relax and let the stresses of life leave you as you enjoy the expert touch of our classic Swedish massage to soothe tension and relieve aching muscles and relax amongst our facilities. You will enjoy Swedish full body massage and Swedish décolleté, face and scalp massage, along with a delicious Afternoon Tea

The Spa at Rookery Manor

Hen Parties

The luxurious surroundings of The Spa at Rookery manor create the perfect back drop for your special occasion providing glamour, luxury and relaxation.

All of our group spa experiences include use of our superb facilities from 10am-5pm and robe and towel hire.

Group spa days are exclusively available to groups of **4 or more**.

Enjoy a complimentary glass of prosecco with lunch when **5 or more**. Bride goes free when booking for groups of 10 or more!

Ruby spa day £60

A delicious Cream Tea

A taste of luxury with your choice of 25 minute treatment -
Germaine De Capuccini facial - Swedish Decollete, Face & Scalp
Massage - Relaxing foot treatment - Indulgent hand treatment

Diamond spa day £80

A Delicious Afternoon Tea

Indulge yourself with 2 x 25 minute treatments -
Germaine De Capuccini facial - Swedish back, neck and
shoulder massage - Swedish Decollete, Face & Scalp Massage -
Relaxing foot treatment - Indulgent hand treatment

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Pregnancy

Take a moment to unwind, appreciate the joy of pregnancy and let all your stresses melt away.

Mum to be Treatments

Mum to be Germaine De Capuccini Back, Neck & Shoulder Massage -
25 minutes - £45

Mum to be Germaine De Capuccini Back, Neck, Shoulder &
Scalp Massage - 45 minutes - £60

Refreshing Germaine De Capuccini Baobab Foot Treatment - Perfect for
tired feet, this treatment includes a rich baobab scrub and revitalising
massage with refreshing dreamy legs gel
25 minutes - £32.00

Phytocare Baobab Ritual - Full Body Exfoliation and massage finishing
with the application of our dreamy legs gel
55 minutes - £75.00
Add Baobab Face & Scalp Massage -
85 minutes - £105.00

Mum to be spa day £169

Spa access from 10am-5pm

A Delicious Afternoon Tea

Phytocare Baobab Ritual - Full Body Exfoliation and massage
finishing with the application of our dreamy legs gel

Germaine De Capuccini Soothing Rose & Honey Harmony Facial
Zenspa Pedicure

The Spa at Rookery Manor

Mens

Spa treatments and packages designed for men

Treatments

Gentleman's Foot Care - Foot file, exfoliation, massage, moisturiser, cuticle work and nail shape.

45 minutes - £35.00

Gentleman's Hand and Nail Care - Hand exfoliation, massage, moisturiser, cuticle work and nail care.

30 minutes - £25.00

Energising Facial for Men - Facial to cleanse and exfoliate, serum, massage, facial mask, scalp massage, eyecream & moisturiser

55 minutes £70.00

Time for Men Spa Day £ 145

You will enjoy

Spa access from 10am-5pm
A Delicious Afternoon Tea
Swedish Back, Neck & Shoulder Massage
Gentlemans Foot care
Energising Facial for Men